



Pleasant Valley Lunch Menu

April 2021

If your child chooses to participate in the lunch program, they simply tell their teacher in the morning during attendance.

Just a reminder: Nutrislice Online Ordering is only for the Middle School & High School.

5
No School

6
No School

7
Chicken Nuggets/ Roll
Green Peas
Baby Carrots
Pineapple Tidbits
100% Fruit Juice
Fat Free Milk

8
Pancakes & Yogurt
Celery Sticks
Grape Tomatoes
Diced Peaches
100% Fruit Juice
Fat Free Milk

9
Breakfast Sausage Pizza
Hash Brown
Baby Carrots
Apple Slices
100% Fruit Juice
Fat Free Milk

12
Pizza Hut Pizza
Green Beans
Baby Carrots
Mandarin Oranges
100% Fruit Juice
Fat Free Milk

13
Breakfast Donut Pack
Broccoli Florets
Red Pepper Strips
Diced Pears
100% Fruit Juice
Fat Free Milk

14
Chicken Patty Sandwich
Baked Beans
Sliced Cucumbers
Pineapple Tidbits
100% Fruit Juice
Fat Free Milk

15
Waffles & Yogurt
Hash Brown
Celery Sticks
Diced Peaches
100% Fruit Juice
Fat Free Milk

16
Cheeseburger
Steamed Carrots
Sliced Cucumbers
Applesauce
100% Fruit Juice
Fat Free Milk

19
Cheese Pizza
Smiley Fries
Baby Carrots
Fruit Cocktail
100% Fruit Juice
Fat Free Milk

20
Turkey Wrap
Broccoli Florets
Red Pepper Strips
Diced Pears
100% Fruit Juice
Fat Free Milk

21
Hot Dog
Corn
Sliced Cucumbers
Pineapple Tidbits
100% Fruit Juice
Fat Free Milk

22
Pancakes & Yogurt
Celery Sticks
Grape Tomatoes
Diced Peaches
100% Fruit Juice
Fat Free Milk

23
Grilled Cheese
Baby Carrots
Sliced Cucumbers
Apple Slices
100% Fruit Juice
Fat Free Milk

26
Pizza Hut Pizza
Green Beans
Baby Carrots
Mandarin Oranges
100% Fruit Juice
Fat Free Milk

27
Italian Hoagie
Broccoli Florets
Red Pepper Strips
Diced Pears
100% Fruit Juice
Fat Free Milk

28
Chicken Patty Sandwich
Green Peas
Sliced Cucumbers
Pineapple Tidbits
100% Fruit Juice
Fat Free Milk

29
Waffles & Yogurt
Hash Brown
Celery Sticks
Diced Peaches
100% Fruit Juice
Fat Free Milk

30
Italian Cheesy Pull-Apart
Baby Carrots
Sliced Cucumbers
Applesauce
100% Fruit Juice
Fat Free Milk

Yummy Recipe of the Month: Avocado and Corn Salsa
1 Avocado diced
3/4 Cup corn, frozen or canned
1/2 Grape tomatoes, quartered
1 Tbsp fresh cilantro, chopped
2 Tsp lime juice
1/4 Tsp salt
Toss avocado, corn, tomatoes, cilantro, lime juice and salt in a medium bowl. Chill for one hour and then serve with your favorite whole grain chip! This could easily be put on top of your favorite tacos as well! Enjoy!

This year, there is such a thing as **FREE LUNCH** FOR ALL STUDENTS #eatwellk12

This institution is an equal opportunity provider.

We are looking for Cafeteria Substitute Workers!
Please contact Food Service @ 724-941-6251 x 7226

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Offering a limited menu while we deliver lunch to the classroom.